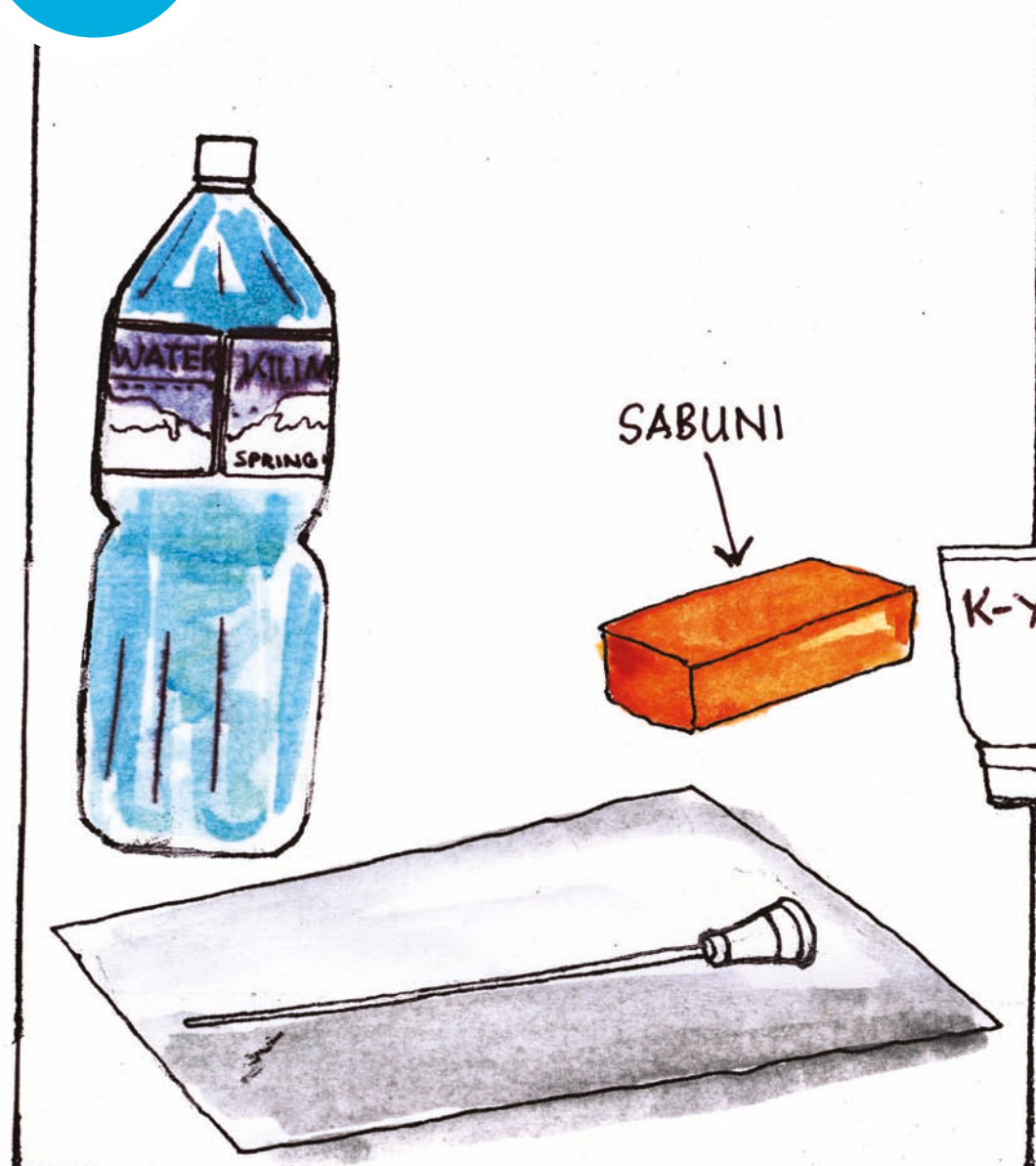


Catheterization

for Boys

Make sure that you have everything you need.

1



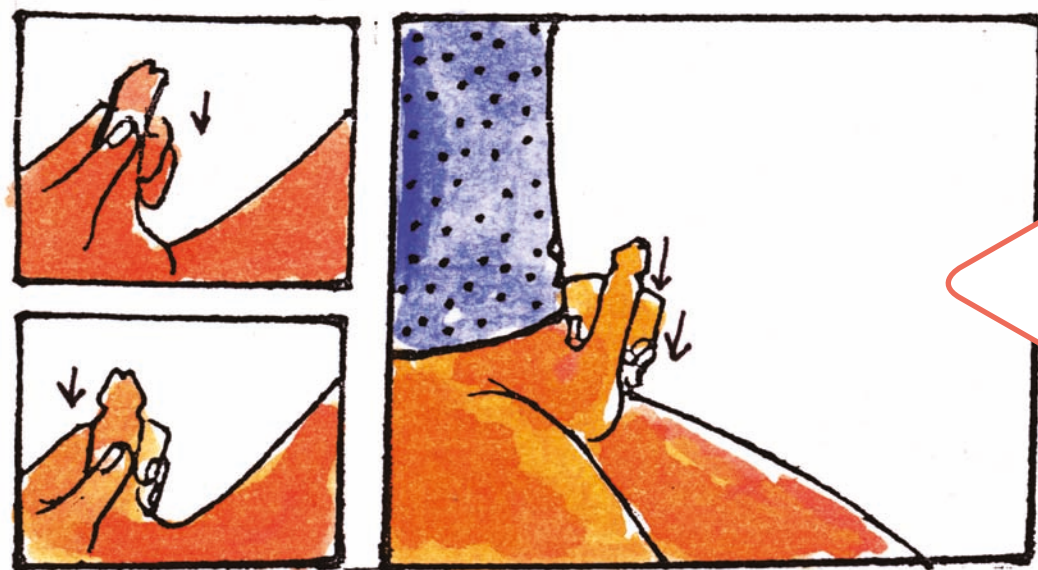
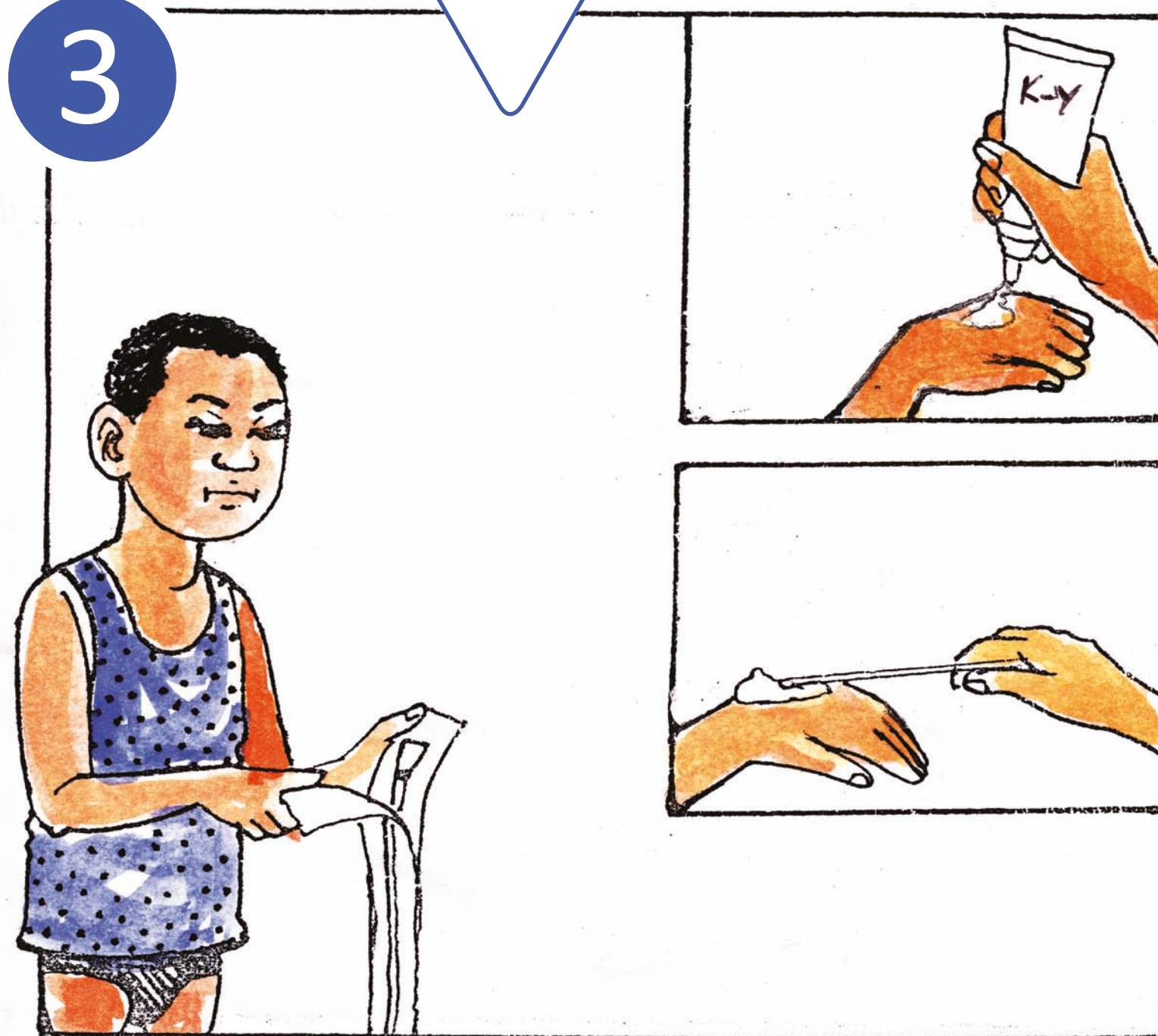
Wash your hands with water and soap.

2



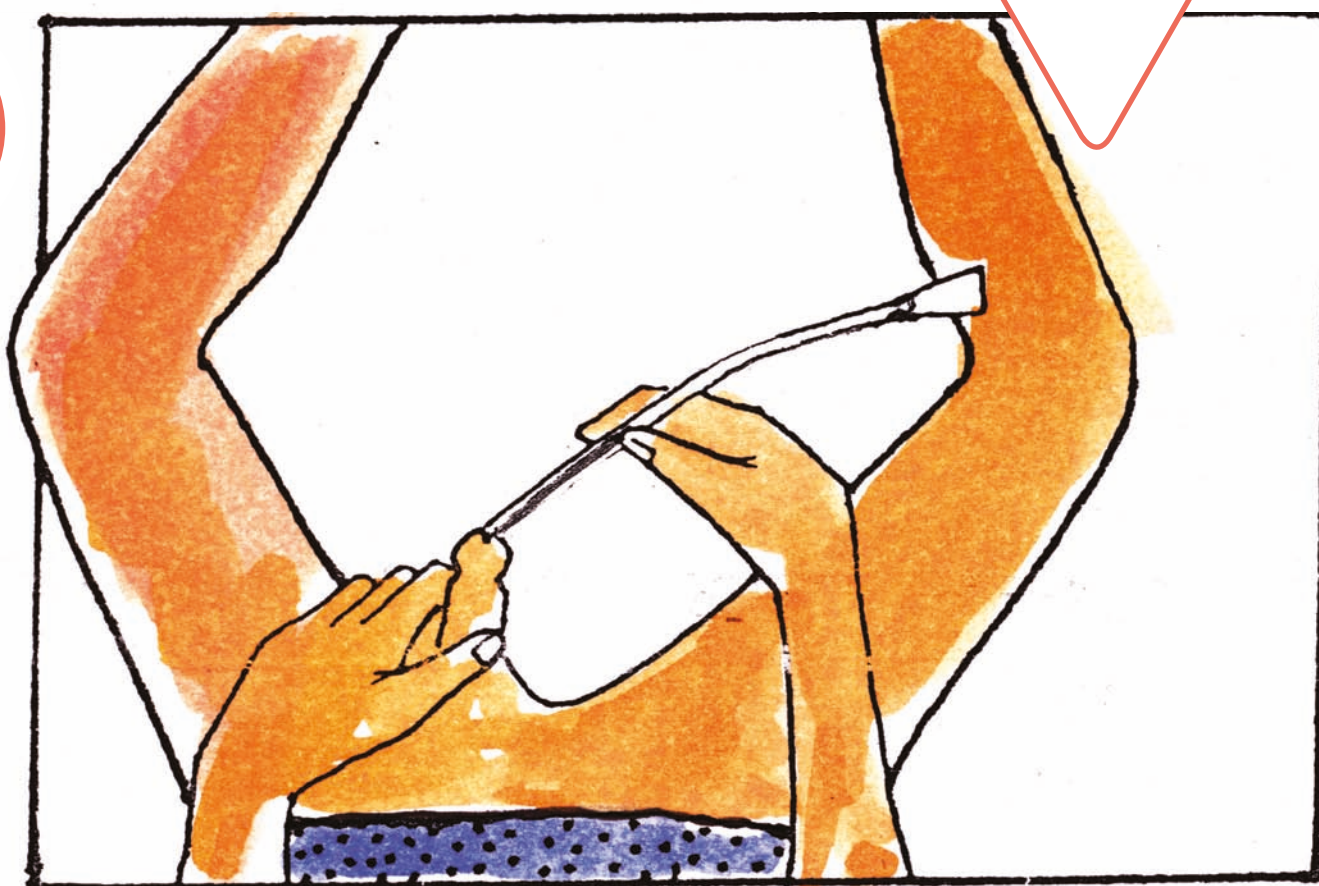
Place gel on the palm of the hand and spread out on the tip of the catheter.

3



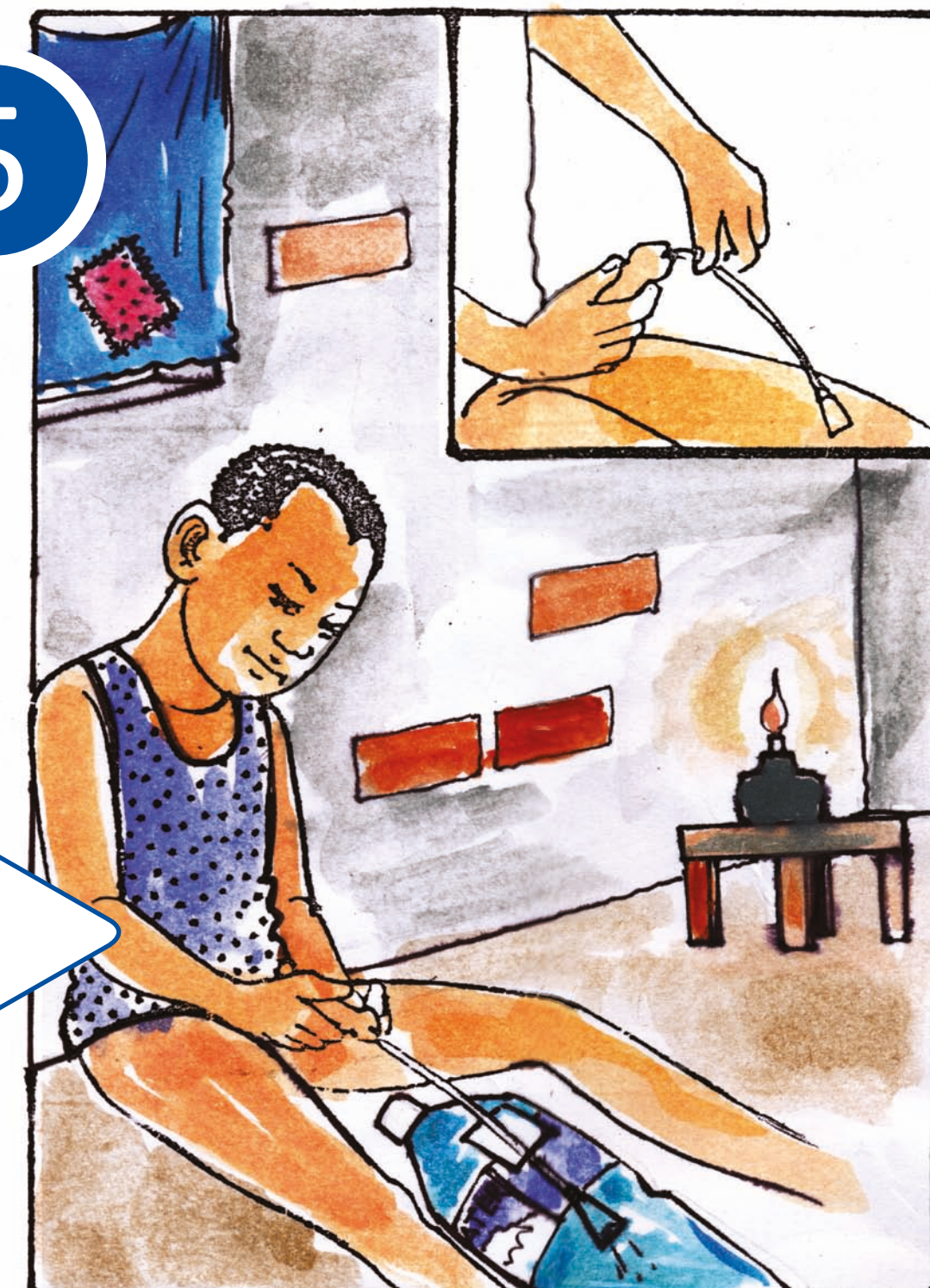
Hold the penis in an upright position to bring the catheter into the bladder.
When urine comes out, insert the catheter a bit further.

4



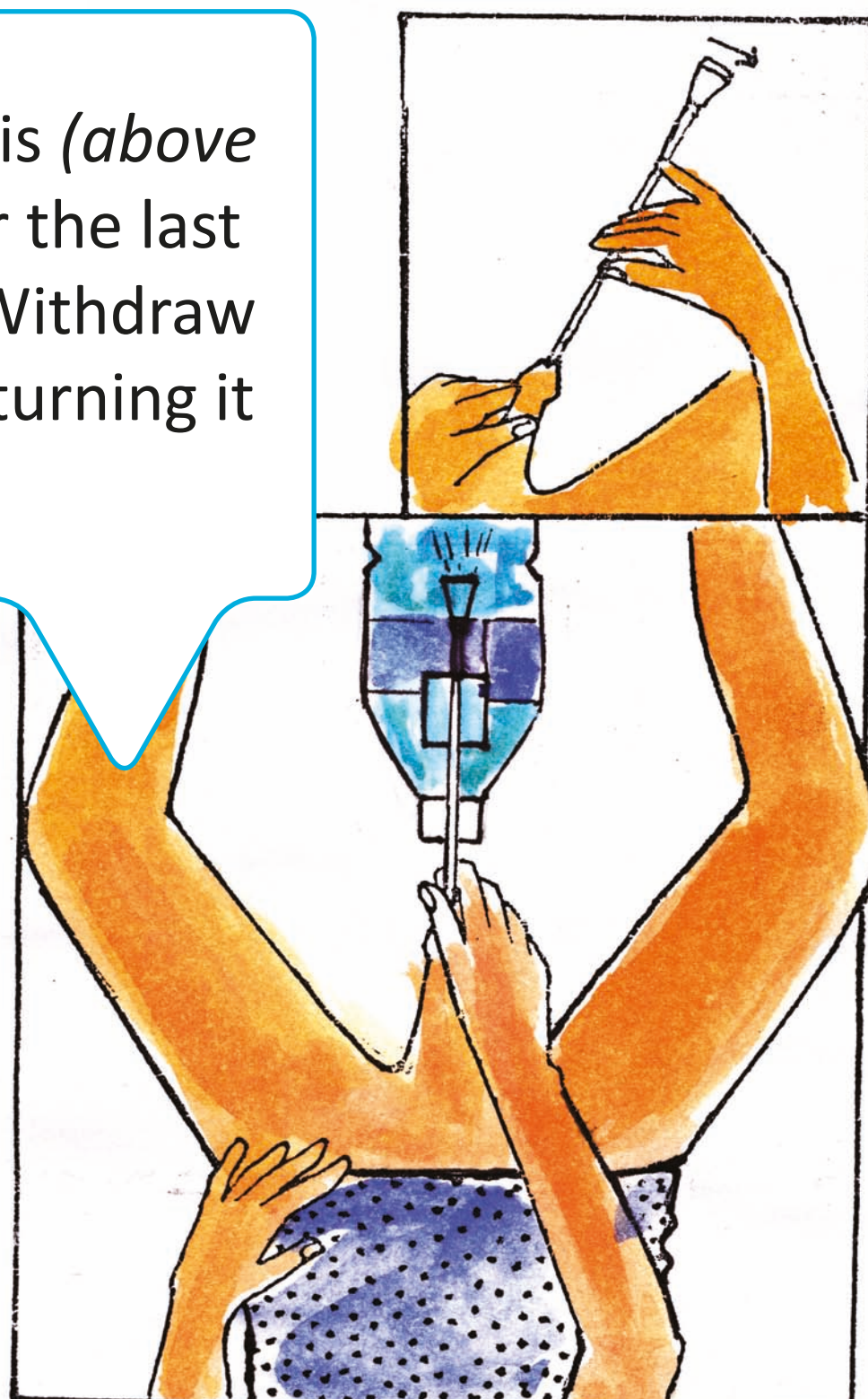
Wait until all urine has flown out and hold the catheter downwards.

5



Push on the pubis (*above genital area*) for the last drops of urine. Withdraw the catheter by turning it slowly.

6



7



Wash your hands with water and soap.

The bladder needs to be completely empty!